

Community Update

AT THE LIBRARY

111 W. Park Ave.

Fitness For Older Adults with Magda Rosenberg — Fridays At 9:05 a.m. Magda Rosenberg, exercise physiologist, will conduct physical fitness routines for older adults. It is recommended that you consult a doctor before beginning this or any fitness program.

Single and Happy — It's a myth that married folks are happy and singles are not. You can be very happy as a single person! Of the components of a happy, single life, number one is "community." Dr. Duffy Spencer will cover the six components of a happy, single life through a highly interactive approach. Your participation is most welcome. Saturday, Dec. 8 at 2 p.m.

American Standards — The New York Times says Marlene VerPlanck "May be the most accomplished interpreter of American popular song performing today." She has backed up everyone from Sinatra to KISS. Now Marlene performs in concert halls, leading clubs across North America and on CD. Sunday, Dec. 9 at 2 p.m.

Postcard Art — Artists in Partnership present George Mallis, digital photographer and photo restoration specialist, in a colorful, vivid, and visually engaging interactive presentation re-visiting the classic postcard. Postcards depicted the holidays, the seasons, social themes and the national scene reflecting a simpler, idyllic life. Monday, Dec. 10 at 7:30 p.m.



Courtesy Temple Israel

HAPPY HANUKKAH

On Sunday, Temple Israel had its annual Hanukkah party, sponsored by the Temple Israel Hebrew School and Sisterhood. The festivities, attended by more than 100 celebrants, included brunch, catered by Mr. Omelett of Oceanside, and musical entertainment by Mr. Shabbos & his band, led by Josh Alpert (Mr. Shabbos), who is also the Temple's youth director. Above, Rabbi Noah Gradofsky shot some dreidel with his young charges.

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